



Help starts here.

Dial 2-1-1

When you don't know where to turn,
2-1-1 can help locate services in your community.

- ★ child care
- ★ energy assistance
- ★ food
- ★ health care
- ★ job services
- ★ legal assistance
- ★ parenting help
- ★ public benefits
- ★ senior care
- ★ shelter
- ★ and much more

