

SUBSTANCE ABUSE

Activities

- More activities for youth/teens/adults
- Promote Boys & Girls Clubs
- Positive activities for youth such as ice rink, Boys & Girls Clubs, neighborhood activities, sports, theatre messages, neighborhood parks, pocket parks
- Alternative activities for teens not active in sports Community Center similar to SRC broader than Boys & Girls Clubs
- Attack boredom and depression

Education

- More education, especially about drinking while pregnant
- Better information/awareness of drug abuse by students, seniors
- Education for youth such as asset building, mentoring, officers in schools
- Work with school district
- Parent education
- Parenting test
- Need to educate healthcare profession (continuing education) such as University of Washington
- Conference for practitioners in Fairbanks
- Prevention programs in the schools - proactive approach (similar to tobacco campaign)
- Incentive programs to educate
- Prevention - education, community norms
- Education
- Good health series in school for understanding this problem (substance abuse)
- Reassess open campus at High School level

Law Enforcement

- Better enforcement of laws - methadone labs
- Better enforcement of licensed premises
- More resources for enforcement
- Better coordination between enforcement and treatment
- More sentencing options - Drug Court
- Increase better enforcement of DWI Laws
- Consistent sentencing of DWIs
- Police in the schools
- Enforce current laws
- Bring appropriate justice
- Increase police referral
- Incentive programs instead of punitive jail time
- Decrease access to substances - taxes help, hours stores are open, increase sting operations to catch illegal sales, close bars earlier, decrease number of liquor license numbers available
- Enforcement of underage usage of alcohol and cigarettes (some type of community monitoring)
- Enforcement of our current laws
- Enforcement
- Redefine acceptable drinking level

Public Awareness

- Community awareness of addiction
- Assembly/council members need to understand the problem
- Corporate culture promote
- Expand family prevention programs within hospital, non-profits, etc. to create positive self-esteem
- Provide a deal on entertainment or something of interest in order to get attention of group to provide prevention information (Incentive Programs)
- Community engagement

SUBSTANCE ABUSE

- Build on sense of community
- Change community norms on alcohol
- Educate EVERYONE
- Neighborhood trained volunteers who could interact with their neighbors
- Better community network
- Media advocacy
- Education for whole community (not just incarceration)
- Make issue a higher priority within community
- Stamp out irresponsible messages regarding alcohol, tobacco, drugs (media, TV, radio ads)
- Newspaper articles emphasizing needs and the providers in our community who offers what and for whom
- Drunk driving is socially unacceptable
- Inform public on what district does for education on this subject
- More car crash visuals

Taxation

- Increase alcohol tax - dedicated tax
- Local tax
- Tax (paying for it in health insurance)
- Alcohol tax currently used for other purposes earmark it for treatment programs (like tobacco dollars)
- Increase price, decrease access
- Alcohol tax - fund 24 hours/7 days a week drivers for FNA detox

Treatment

- Treatment on demand
- Monitoring the effectiveness of services
- Access to resources to help get people treatment
- Treat as illness
- Develop central resource place and follow up
- Readiness
- Residential treatment for young people
- Treat it as an illness, recognition of ongoing recover/treatment
- Regular medical check up program
- Hindered by cost, lack of insurance coverage
- Specific clinic (like cancer center) so patients aren't lost in regular system
- No continuity between programs, need to improve to assist with court ordered treatment (such as FCF and North Star)
- Better programs within jail
- Need for resources for treatment program
- Need more facilities to get rid of three-month wait list
- Substance abuse pervasive in child abuse family violence, need to deal with it before you can address secondary issues
- Hospital doesn't serve as a detox unit, one is needed
- Activity-based recovery programs, primarily for kids, possibly adults
- Steady funding source, allow sufficient time to prove its usefulness/measurable outcome (ongoing evaluation)
- Coordination of services to deal with multiple problems/issues
- Coordination between mental health and substance abuse agencies, recognize dual diagnoses
- Individuals who can facilitate a family member or assist someone in getting to treatment - an advocate for the family member in getting through the system
- Interaction between agencies in Fairbanks, schools could be a gathering place for agency information
- Public Health Nurse can offer mentor, house call
- More intermediate detox
- Too few treatment options - need timely, efficient, effective care, access (insurance)

SUBSTANCE ABUSE

- Remove stigma of treatment
- Community Action Plan - Chronic Inebriate Program
- Drug Court – Programs similar to Nevada that seems to be positive, program utilize detox acupuncture which could readily be used in Fairbanks – cheap and easy

Other

- Faith community
- What does healthy community look like?
- Change the actions of the people who are abusing thru EDUCATION
- FNA's drivers staffing
- Focus on alcohol/drugs - NOT ethnicity (stereotyping - equal opportunity problem)
- Brain drain - to leave is the best idea
- Family time versus busy schedules, parent taxi to help each other (marginal fit elsewhere)
- Tolerance
- Focus on positive
- Address apathy
- Could hospital help pay for drivers (save money on low emergency room costs)